

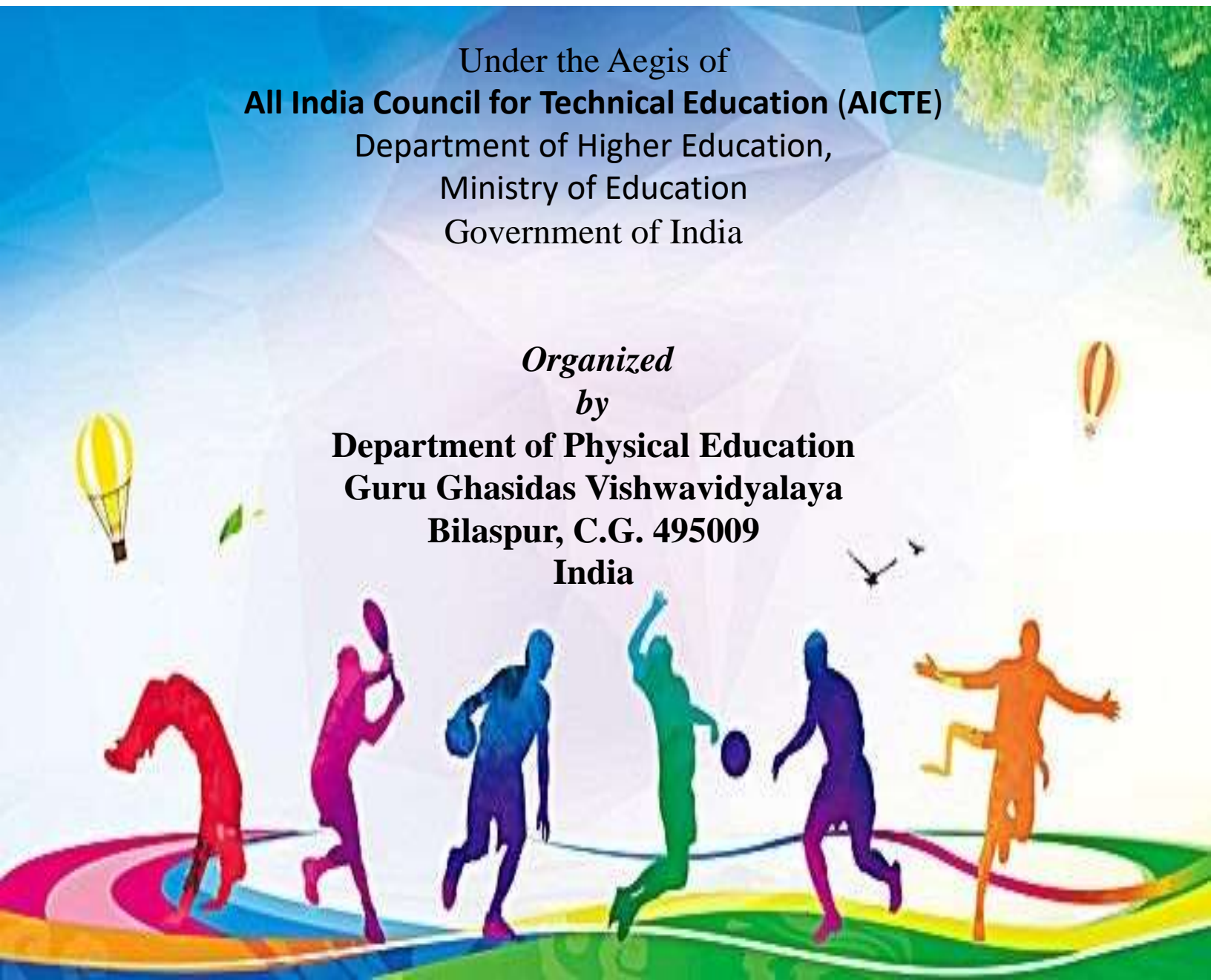


Faculty Development Program
on
“Fitness and Wellness for Active Living”

(From 01st November, 2022 to 14th November, 2022)

Under the Aegis of
All India Council for Technical Education (AICTE)
Department of Higher Education,
Ministry of Education
Government of India

Organized
by
Department of Physical Education
Guru Ghasidas Vishwavidyalaya
Bilaspur, C.G. 495009
India



FACULTY DEVELOPMENT PROGRAM

on

Fitness and Wellness for Active Living

From 01st November, 2022 to 14th November, 2022

AICTE has entrusted the Department of Physical Education, GGV, Bilaspur to organize a Faculty Development program only for ***Physical Education Trainers/Sport-Games Teachers/Director of Sports and sports in-charge*** in various AICTE affiliated Institutions.

ABOUT THE UNIVERSITY

Guru Ghasidas Vishwavidyalaya, is a Central University of India, located in Bilaspur, Chhattisgarh, established under Central Universities Act 2009, No. 25 of 2009. Formerly called Guru Ghasidas University (GGU), established by an Act of the State Legislative Assembly, was formally inaugurated on June 16, 1983, GGV is an active member of the Association of Indian Universities and Association of Commonwealth Universities. Situated in a socially and economically challenged area, the university is appropriately named to honor the great Satnami Saint Guru Ghasidas, who championed the cause of the downtrodden and waged a relentless struggle against all forms of social evils and injustice prevailing in the society. The GGV has eleven school of studies and thirty two departments , in which approximately 8000 students are pursuing their degree.

ABOUT THE DEPARTMENT

Department of Physical Education belongs to the School of Studies in Education, which was established in the year 1985 to provide quality education in the field of physical education. It is recognized by NCTE and has developed play grounds and exercise physiology lab. The department has a dedicated team of competent teachers and instructors to provide sport specific training and teaching assignment. The students of the department participate in several Inter University and All India University level sports competition every year. Department extends the opportunity to all the university students to participate in Inter-Faculty Tournament every year. The department has also started certificate course in Yoga from 2016-17. The department organises health & fitness welfare activities and sports tournaments for teaching and non- teaching staffs of the University. The Department is committed to excellence in sports performance, teaching, research and community service in the fields of Physical Education and Sports by providing Quality Education and Congenial Environment to students and staff. The department has accomplished the greatest achievement of students where 90% of students are recruited in Central Govt Institutions, State govt institutions, CGPSC, Indian Railways, Defence Services and private sectors. The foremost aim of the department is to prepare ideal Physical Education teacher, trained in every aspects of life so that they are competent and versatile in dealing with future demands of the society.

ABOUT THE TEACHER DEVELOPMENT PROGRAM

The training program intends to orient the participants to develop physical fitness through mass participation in physical activities, it aims to develop the skills of the participants with modern rules, regulations and techniques, it also focuses on development of skill of the participants to involve the masses in traditional sports/games and fun games for physical activity through recreation, the training program targets to empower the participants to contribute to sports management and sports technology and to manage mass physical activities for fitness and recreation.

PROGRAM LOGISTICS

- The department will be providing free boarding and lodging to all the participants.
- The department will be providing travelling allowances to all the participants up to 3rd AC fare.
- The department will be providing Sports accessories which includes track suit (Upper and lower) and T-shirt to all the participants.

Mode of Program:-

Offline

Duration:-

Two Weeks

Daily Session:-

Morning – Yoga/Aerobics

Afternoon – Theory Class

Evening – Practical Class

Registration Link:-

<https://forms.gle/ayuYdNUFYMMFn3qe6>

Last Date for Registration:-

30th October, 2022

Note:- Entries will be entertained on first cum first basis.

Chief Patron

**Prof. Alok Kumar Chakrawal
Hon'ble Vice Chancellor
Guru Ghasidas Vishwavidyalaya**

Patron

**Prof. Shailendra Kumar
Registrar
Guru Ghasidas Vishwavidyalaya**

Advisor

**Dr. Sanjit Sardar
Head and Director
Department of Physical Education
Guru Ghasidas Vishwavidyalaya**

Co-ordinator

**Prof. Vishan Singh Rathore
Dean, School of Education
Guru Ghasidas Vishwavidyalaya**

For any queries : vishan_rathore@rediffmail.com Mobile -7587472651,

aictegyfdp@gmail.com

Mobile – 9425340051, 8319844588